

BIP 2026

Title: “Caring Beyond Borders: Nursing Equity and Responsibility for the Vulnerable “

Field of Education: Nursing and midwifery

Number: 2024-1-PT01-KA131-HED-000198523-2

Level of study: 6 (bachelor)

Dates: 29.04.2026 till 12.06.2026

Physical start date: 25.05.2026

Physical end date: 29.05.2026

Physical activity duration: 5 days

Virtual component timing: 6 hours

Number of ECTS credits awarded: 3 ECTS

Number of countries of the Participants: 4 countries (Greece, Spain; Slovenia and Portugal – org.)

Institutions: University of Thessaly

Main teaching /Training language: English

Description

Caring Beyond Borders: Nursing Equity and Responsibility for the Vulnerable is a Blended Intensive Program designed to strengthen nursing students' understanding of equity, social responsibility, and ethical practice with diverse and vulnerable populations. The program explores social, cultural, economic, and political determinants of health, fostering critical reflection on nursing interventions with vulnerable populations across different countries and care settings. Through international collaboration and active learning activities, students develop culturally sensitive, person-centered strategies to promote inclusion, health equity, and social justice in nursing practice.

The BIP program includes a virtual component, with synchronous sessions, as well as face-to-face week, 5 days in Lisbon at ESEUL – Nursing School of Lisbon.

Virtual Component Description

This virtual activity acts as the preparatory phase for the intensive physical week. It considers synchronous virtual sessions, with all students and facilitators from all the participant institutions. The activities and methodology consider the introduction to the program, expert lectures and debates on specific topics of interest of the program. It is also the objective to develop digital collaborative skills in international teams. Planned 3 sessions of 2 hours each, using the collaborative platform Microsoft Teams.

Methods and outcomes: Lectures, workshops, group work, study visits and reflection groups with facilitators.

General Objective: To enhance ethical, cultural, and technical-scientific skills geared towards critical reflection and intervention in nursing, promoting health equity and the inclusion of vulnerable individuals, families, and communities.

It is expected that the students:

1. Understand the concepts of health equity, vulnerability, inclusion, and social responsibility within the context of nursing practice.
2. Analyze the social, cultural, economic, and political determinants that influence the health of vulnerable individuals, families, and communities.
3. Develop competencies in intercultural communication, health advocacy, and person-centred care, promoting culturally sensitive practices.
4. Critically analyze nursing intervention strategies presented by experts, assessing their relevance and applicability in the care of vulnerable populations.
5. Promote international collaboration and interprofessional work as key tools to strengthen equitable health responses.
6. Critically reflect on the nurse's role in promoting social justice, equity, and the protection of the rights of vulnerable populations.

Evaluation / Assessment of the course:

Students will present the results of their group work and answer the evaluation questionnaire

Important dates and hours:

Synchronous virtual sessions: 29.04.2026 | 13.05.2026 | 12.06.2026

Arrival: 24.05.2026

In-person week: 25.05.2026 till 29.05.2026

International Relations and Mobility: More information can be obtained at gri@esel.pt

Lisboa, 11th of February 2026

Mariana Carolino Pereira

José Falé